



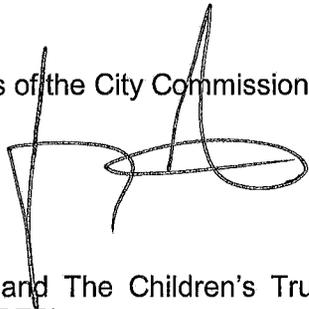
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CITY CLERK'S OFFICE

OFFICE OF THE CITY MANAGER

NO. LTC # 089-2015

LETTER TO COMMISSION

TO: Mayor Philip Levine and Members of the City Commission

FROM: Jimmy L. Morales, City Manager 

DATE: February 27, 2015

SUBJECT: Nurse Initiative Status 2014-15 and The Children's Trust School Health Program Request for Proposals (RFP)

The purpose of this Letter to Commission (LTC) is to provide you with a status on the Nurse Initiative and The Children's Trust School Health Program Request for Proposals (RFP).

BACKGROUND

The Education Compact with Miami-Dade County Public Schools (M-DCPS), established on January 16, 2008, includes the outcome to increase the health and well-being of students in Miami Beach public schools.

In August 2013, the City of Miami Beach, along with our neighboring municipalities, and the Miami Beach Chamber of Commerce Education Foundation, collaborated to establish the Nurse Initiative to provide health services at North Beach Elementary, Treasure Island Elementary, and Ruth K. Broad Bay Harbor K-8 Center. The municipal Nurse Initiative is in its second year of implementation and will conclude at the end of the 2014-15 school year.

The schools participating in the municipal Nurse Initiative have a team of professionals including a shared registered nurse, a full-time medical assistant, and a social worker. The benefits of the health team include: a coordinated level of school-based healthcare, expanded health screenings, and assessments with access to follow-up care, mental and behavioral health services to identify and solve student health and educational issues, nutrition and health counseling, health services for uninsured students with no other option for access to health care, emergency first aid/CPR, and chronic disease management.

Health suite utilization for the three schools participating in the municipal Nurse Initiative have remained high throughout the 2014-15 school year, with 52% of the 3,044 unduplicated students served from August 18, 2014 through February 25, 2015; An average of eleven (11) visits per day resulting in 3,836 visits during this same time period.

CURRENT STATUS

By approval of Resolution 2015-42 on February 9, 2015, The Children's Trust Board of Directors approved the release of RFP 2015-17: School Health Programs, to fund improved access to quality health care through providers delivering comprehensive services in the public schools. Target populations for this program are Miami-Dade County Public School students attending 145 pre-selected schools, including all eight (8) Miami Beach feeder pattern schools for school years 2015-16, 2016-17, and 2017-18.

The National Association of School Nurses, U.S. Department of Health and Human Services and American Academy of Pediatrics recommend a ratio of one registered nurse for every 750 students in the general population. To align with this recommendation, each pre-selected public high school site will be staffed with a bachelor's level registered nurse (RN), with the option to augment staffing coverage for larger schools with additional support from a licensed practical nurse (LPN). The middle schools will be staffed with a school RN ratio of 2:1 with additional support from a pool of LPNs. Each elementary school will be staffed with one full-time LPN with oversight from an RN.

The program is designed to identify, prevent, or remedy student health problems and to improve access to quality health care and other relevant community supports through delivery of comprehensive services in the schools and appropriate referrals to community care. Administration will continue to monitor the status of school health programs in all Miami Beach public schools. Updates will be provided as information becomes available.


JLM/KGB/LDR

Attachments

C: Executive Staff



The Children's Trust RFP 2015-07: School Health Programs

GROUP E REGION: CENTRAL AVAILABLE FUNDING: \$1,300,000							
	SCHOOL ID	NAME	Type	Address	City	Zip Code	TOTAL SCHOOL ENROLLMENT (2014-15)
1	0321	Biscayne Elementary School	E	800 77th St	Miami Beach	33141	658
2	0841	Coconut Grove Elementary School	E	3351 Matilda St	Coconut Grove	33133	461
3	7071	Coral Gables Senior High School	H	450 Bird Road	Coral Gables	33146	3424
4	0761	Fienberg/Fisher K-8 Center	K8	1420 Washington Ave	Miami Beach	33139	842
5	5561	Frances S. Tucker Elementary School	E	3500 Douglas Rd	Coconut Grove	33133	411
6	6071	George Washington Carver Middle School	M	4901 Lincoln Dr	Coral Gables	33133	1005
7	7201	Miami Beach Senior High School	H	2231 Prairie Ave	Miami Beach	33139	2379
8	6541	Nautilus Middle School	M	4301 N Michigan Ave	Miami Beach	33140	975
9	3741	North Beach Elementary School	E	4100 Prairie Ave	Miami Beach	33140	1068
10	6741	Ponce De Leon Middle School	M	5801 Augusto St	Coral Gables	33146	1157
11	0241	Ruth K Broad/Bay Harbor K-8 Center	K8	1155 93rd St.	Bay Harbor Island	33154	1336
12	5041	Silver Bluff Elementary School	E	2609 SW 25Th Ave	Coconut Grove	33133	577
13	5091	South Pointe Elementary School	E	1050 4Th St	Miami Beach	33139	566
14	5401	Sunset Elementary School	E	5120 SW 72Nd St	South Miami	33143	1177
15	5481	Treasure Island Elementary	E	7540 E Treasure Dr	Miami Beach	33141	612



SECTION I: FUNDING OPPORTUNITY INTRODUCTION

A. The Children's Trust

The Children's Trust is a dedicated source of revenue established by voter referendum to improve the lives of children and families in Miami-Dade County. Additional information about The Children's Trust can be found at www.thechildrenstrust.org.

Vision: The Children's Trust envisions a community that works together to provide the essential foundations to enable children to achieve their full potential.

Mission: The Children's Trust partners with the community to plan, advocate for, and fund strategic investments that improve the lives of all children and families in Miami-Dade County.

The Children's Trust strategic plan and its annual budget serve to accomplish its mission and vision to direct investments that achieve results for the children and families of Miami-Dade County, and also improve the communities in which they live. It is grounded in four essential foundations for healthy child development:

- Social foundations foster healthy relationships in the lives of children;
- Educational foundations promote high-quality learning environments and health literacy;
- Economic foundations encourage prosperity and financial stability for all members of the community; and
- Environmental foundations promote healthy environments and supportive services.

No single program or organization can secure these foundations on their own and it is expected that recipients of funding will work together to pursue the necessary services and supports to achieve these foundations for children. Applicants are strongly encouraged to review the current strategic plan available at www.thechildrenstrust.org/about/strategic-plan.

B. Notice of Competitive Solicitation

By the approval of Resolution 2015-42 on February 9, 2015, The Children's Trust's Board of Directors approved the release of this competitive solicitation for The Children's Trust to fund improved access to quality health care through providers delivering comprehensive services in the public schools and appropriate connections to community care and resources.

C. Available Funding

The total funding allocated for this solicitation will not exceed **\$12,800,000.00**. The total funding is inclusive of 10 percent withholding to accommodate potential appeals. Regardless of an applicant's score or breadth of proposed services, if awarded funds from The Children's Trust, an applicant must begin a negotiation process that may include reframing the proposed scope of services, consistent with the solicitation, adjusting the budget or any other changes necessary to comply with the requirements of this solicitation and resulting contract.



The Children's Trust has entered into agreements with three (3) Community Redevelopment Agencies (CRAs), for approximately \$2,100,000.00, \$578,000.00 and \$637,000.00 to fund programs within the City of Miami Beach CRA; the City of Miami Omni CRA and the City of Miami Southeast Overtown/Park West CRA, respectively. This CRA funding is not required to come from any particular Trust-funded initiative, but rather, in the aggregate, must meet the agreed upon amounts. The required CRA funding amounts are inclusive of the total available funding and are not considered additional funding. The City of Miami Beach CRA includes zip-codes 33139, 33140 and 33141. The two (2) City of Miami CRA areas are comprised of portions of zip codes 33127, 33128, 33132 and 33136, as noted on the attached maps. All funding for this solicitation is contingent upon the availability of funds.

Regardless of an applicant's score or breadth of proposed services, if awarded funds from The Children's Trust, an applicant must begin a negotiation process that may include reframing the proposed scope of services, adjusting the budget or any other changes necessary to comply with the requirements of this solicitation and resulting contract.

D. Eligible Applicants

Eligible applicants may be governmental entities, for-profit or not-for-profit organizations or faith-based organizations currently providing healthcare services within Miami-Dade County. Applicants must currently hold all applicable State of Florida and federal licenses and certifications necessary to provide the direct healthcare services required in this funding solicitation. Applicants should be currently qualified to conduct business in the State of Florida, under the laws of Florida per Chapter 607: F.S., and must be qualified to conduct business on or before the service and contract start date(s). Eligible applicants must remain qualified to conduct business in the State of Florida for the duration of their service award.

Eligible applicants are required to submit an annual financial statement audit as defined in Section III: A: Fiscal Soundness of this solicitation to be eligible for funding from The Children's Trust. Please note that if an agency owes funds to The Children's Trust under an approved repayment plan that has expired prior to the application due date, then the agency must repay all amounts owed to The Children's Trust prior to the application due date of this solicitation to be considered an eligible applicant.

The Children's Trust is prohibited by statute (Section 125.901 (2)(a)3) from contracting with programs that are under the exclusive jurisdiction of the public school system. Additionally, Miami-Dade County Public Schools is not eligible for funding. Applicants that operate a charter school are also ineligible for funding. However, collaboration with the public school system and leveraged use of school resources by applicants are encouraged.

No applicant may apply directly or indirectly through any agent, affiliate, or other individual or entity. Any such application for funding will be considered non-compliant with this competitive solicitation and will be ineligible for funding whenever such

B. School Health Program

Overview

The Children's Trust seeks to procure a multidisciplinary school health program to promote a healthy school environment that is conducive to student wellbeing, fosters positive behavior, and supports higher academic achievement. This program is designed to identify, prevent, or remedy student health problems and to improve access to quality health care and other relevant community supports through delivery of comprehensive services in the schools and appropriate referrals to community care. The team consists of social workers, registered nurses, and licensed practical nurses.

Social work services will include mental health screening, assessment, intervention, and prevention services for students with possible developmental and behavioral issues. In addition to serving as a part of the school health team, the behavioral health professional conducts social histories to initiate psycho-educational assessments and serves on the school-site Student Development Team. The behavioral health professionals, operating under appropriate clinical supervision, conduct individual and group counseling sessions and guide crisis interventions in schools. Social work services included in this procurement will be closely coordinated with M-DCPS social work, and approximately 60 social workers, employed by M-DCPS Exceptional Student Education and Student Support Department, are part of the school health program.

Nursing services shall be provided in accordance with the guidelines for healthcare procedures in school settings; the National Association of School Nursing, Florida School Health Administrative protocols, Miami-Dade County School Health Services Plan, The Children's Trust School Health policies and procedures, and Miami-Dade County Public Schools school health policies. The key nursing care, disease prevention, and health promotion activities include:

- nursing assessment and counseling;
- developmental, behavioral, social, emotional screening and referral, as needed;
- medication administration and assistance with self-administration;
- Individual Health Plan (IHP) development with safety/emergency plans for children with chronic conditions;
- one-on-one education to children with chronic conditions, such as asthma, diabetes, severe allergies, seizure, and sickle cell;
- bi-annual competency assessments of a student's proficiency in performing an invasive procedure;
- first aid and emergency care for acutely ill children;
- immunization administration and audits of student health records;
- State-mandated screenings such as vision, Body Mass Index (BMI), and oral health;
- oral health risks assessment, education, counseling, and fluoride varnish application to students enrolled in pre-k and k;
- training to teachers and staff on care of children with diabetes, severe food allergy and other conditions as needed and authorized by Florida law and guidelines;
- referral and connection of families to needed community services and resources, including other programs funded by The Children's Trust, and
- preventive health education to students and staff.

The National Association of School Nurses, U.S. Department of Health and Human Services and American Academy of Pediatrics recommend a ratio of one registered nurse for every 750 students in the general student population. To align with this recommendation, each pre-selected public high school site will be staffed with a bachelor's level registered nurse (RN), with the option to augment staffing coverage for larger schools with additional support from a licensed practical nurse (LPN). The middle schools will be staffed with a school RN ratio of 2:1 with additional support from a pool of LPNs. Each elementary school will be staffed with one full-time LPN with oversight from an RN. Staffing coverage could be adjusted based on other factors such as the acuity of students' health conditions.



Applicants must be direct service providers with strong experience, capacity and agency leadership in the field of pediatric primary health care. Successful applicants are expected to hire, retain and supervise professional nurses and social workers who understand the complexity of healthcare delivery systems, available healthcare programs, community resources, and the diversity of the population served.

Rationale

School nursing services foster a healthy environment in school and in the community through early detection of health issues by performing various screenings, health assessments, health promotion activities, and health education. A growing body of research shows that schools and students with access to school nurse services benefit in many ways, including:

- reduction of student absenteeism and early dismissals (Pennington & Delaney, 2008);
- better academic performance (Weismuller et al., 2007);
- better health and education outcomes for students with special health needs (Forrest et al., 2011);
- reduction of teacher time spent on dealing with student illness or injury (Hill & Hollis, 2012);
- improvement of overall student health and wellness of students with chronic conditions (Noyes et al., 2013); and
- early detection of potential vision deficits in students and appropriate referrals for treatment (Basch, 2011).

Most risk factors for chronic diseases, mental health conditions, and social challenges arise in childhood. A recent study shows confirms a decline in physical health related disabilities over the past 10-year period while the prevalence of parent-reported neurodevelopmental or mental health conditions in children has risen to 21 percent (Houtrow et al., 2014). Similarly, the mental health surveillance report from the Center for Disease Control and Prevention (2013) indicates 20 percent of children in the United States suffer from a mental disorder; and studies by Merikangas et al. (2010a & 2010b) show an even more alarming rate of approximately 25 percent of children experiencing a mental disorder annually.

These findings are concerning since children may be unable to optimally function at home, in school, and in their communities if they do not achieve healthy emotional milestones, social development, and effective coping skills. Additionally, more than 80% of children and adolescents in need of mental health services fail to receive the intervention they require (Cobham, 2012). So there is a great need for the development



Core Programmatic Funding Requirements

a. Target Population

Target populations for this program are M-DCPS students attending the pre-selected schools specified within this document. The Children's Trust maintains its commitment to support the advancement of children with special needs and seeks to ensure all children are welcomed into Trust-funded programs and served with reasonable accommodations.

b. Service Locations

The Children's Trust expects to fund the 145 sites included in Attachment 1 of this RFP document. The schools are grouped to reach maximal service delivery while maintaining staffing efficiency. Applicants may propose one or more groups of schools; however, if more than one group of schools is proposed, the applicant must strongly justify how they will efficiently ensure quality management and appropriate oversight of all sites, as well as continuity of connection with local community based care, programs and resources. The Children's Trust reserves the right to regroup the sites when necessary.

SCHOOL TYPE BY GROUP					
Group	Number of Schools	Elementary	K-8	Middle	Senior High
A	18	8	6	2	2
B	15	8	3	3	1
C	12	7	1	3	1
D	20	10	1	6	3
E	15	8	2	3	2
F	16	9	0	4	3
G	20	14	2	2	2
H	20	7	5	6	2
I	9	4	0	2	3
	145	75	20	31	19

c. Core Service Components

The core service components of the school health team include the activities listed below, as well as the integration of vision and oral health services, with a focus on family engagement. Applicants have the flexibility to propose and implement complementary services that meet the needs and interests of their participants as long as they meet all core requirements and program quality standards specified within this solicitation.

Nursing Activities

All funded programs will be required to implement a full spectrum of nursing activities ranging from routine healthcare to comprehensive nursing assessments, as summarized in the following table.

Activity	Description
State-mandated Screenings	<p>Grade-level screening of students is mandated by Chapter (Ch.) 64F-6.003, Florida Administrative Code (F.A.C.). Mandated screenings are central to identifying health problems that may adversely impact health and school performance.</p> <ul style="list-style-type: none"> ▪ Vision screenings are required for all students in kindergarten, 1st, 3rd, and 6th grades. ▪ Growth and development screenings are required for students in 1st, 3rd, 6th, and 9th grades. Student's growth and development are evaluated with BMI according to current CDC recommendations. BMI results are graphed and calculated using the student's height, weight, age or birth date, and gender. ▪ Oral health screenings are required for all students in k, 1st, 3rd, and 6th grades.
Hypertensive Screening	<p>Students who are at or above the 95th percentile for BMI must receive a hypertension screening.</p>
Pediculosis/ Scabies Screening	<p>Provide visual examination of the scalp or skin to screen for head lice or scabies infestation, referral, and follow-up services to students, siblings, and classmates.</p>
Developmental / Social/ Emotional/ Behavioral Health Screening and ESE Supports	<p>Perform screenings for developmental, social, emotional and behavioral well-being for early identification and primary prevention of challenges, and to coordinate referrals for timely and responsive assessment or intervention services needed for at-risk students. Assist with screenings for Exceptional Student Education (ESE) and attend staffing meetings for students being considered for the ESE programs.</p>
Record Review	<p>Complete review and assessment of student records, such as the cumulative health record, emergency health information, and incoming medications, to determine immunization, health status and identify any significant health risks or problems. The record review consists of review of:</p> <ul style="list-style-type: none"> • Florida Certificate of Immunization DH Form 680; • School Entry Physical Examination DH Form 3040; • Emergency health information; and • Health screening information.

Activity	Description
Nursing Assessment and Counseling	Nursing assessments are conducted to identify the health needs and resources of students and their families. This primary and ongoing process includes health history, observation, physical assessment, monitoring patient and family reactions, interviewing to ascertain social and emotional stability, and identification of risk factors arising from social, physical, or environmental conditions. This assessment provides the basis for nursing diagnoses and helps to determine the need for an Individualized Health Care Plan (IHCP)
Medication Administration	Medication administration includes the staff member verifying the identity of the student, the medication, the medication dose, route of administration and time for administration, and matching these data with the medication order written by the child's physician. It also includes assisting the student in the ingestion, injection and application or monitoring the self-administration of the medication, and contacting the child's primary care physician when necessary. The documentation on the medication log and in the students' health record is considered part of medication administration.
First Aid or CPR	The provision of first aid and/or cardiopulmonary resuscitation (CPR) should include an evaluation of the student's condition, the administration of first aid and/or CPR, and documentation in the student's health record. Staff members should be currently certified by nationally recognized, certifying agencies in the administration of first aid and CPR.
Complex Medical Procedures	Provision of health-related services required by the student to function in the school setting. Complex medical procedures include but are not limited to: cardiac monitoring, carbohydrate counting, glucose monitoring, oxygen therapy, specimen (urine or blood) collection or testing, nebulizer treatment, and intervention through administration of emergency medications.
Immunization Follow-up	Review and/or follow-up of student Florida Certificates of Immunization to verify that age-appropriate immunization requirements are current and documented, and assist school's officials with downloading records as needed through Florida Shots. Students' immunization status must be periodically reviewed to ascertain if the student is age-appropriately immunized. Targeted groups include, at a minimum: <ul style="list-style-type: none"> • Newly enrolled students • Students in kindergarten and 7th grade
School Health Staff Consultation	Coordinate health services with other school activities and advise and/or assist school personnel, parents/guardians and other health care providers in health related matters.
Individualized Health Care Plan (IHCP)	Development, review, or revision of individualized student health care plans (IHCP) by a registered nurse for students with chronic or acute health problems. These students may need specific individualized health-related services to maintain their health status, stay in school, and optimize their educational opportunities, as identified by school health staff. The written IHCP must be followed to provide services in a safe and efficient manner.

Activity	Description
Emergency Action Plan (EAP)	The EAP is a component of the IHCP. All students who have a life threatening condition or chronic condition that may result in complications causing serious life altering or life threatening events should have an EAP. The plan should always include emergency contact information, the medical diagnosis and nursing plan of care, individual student information such as medications, goals, and who is delegated, trained and authorized to provide care in the absence of the nurse. The EAP should be easy for unlicensed assistive personnel (UAP) or school staff persons to understand and follow. It should be written so that laypersons can follow student-specific emergency procedures in case of an emergency.
Obesity Intervention	This intervention requires completion of all four of the following components: student-parent consultation, completion of an IHCP, health counseling and case management.
Health Education	The provision and documentation of counseling services by a nurse educator concerning identified risk factors and behavioral changes to reduce risks. The purpose is to facilitate the voluntary adaptation of healthy behavior. Some health education topics provided to students, such as human sexuality, are subject to parental approval.
Oral Health Services	Provide oral health risks assessment, education, and counseling and fluoride varnish application to pre-k and k students and make referrals for further treatments when appropriate.
Child-Specific Training	A planned education session with one or more participants, conducted by an authorized health professional, to provide child-specific training to school personnel performing child-specific health-related services as specified in the student's IHCP.
Chronic Disease Management (for Asthma, Diabetes, Severe Allergies and Seizures)	Provide education, management and support of students with chronic conditions. This includes objective assessment and monitoring; physical examination; review of student health history and parent report in order to assess the characteristics and severity of the condition and to ensure adequate control is achieved and maintained.

Social Work Activities

Social work services will follow the guidance of M-DCPS social work and include behavioral health screening, assessment, and counseling services for students at risk for developmental and behavioral issues. A summary of the primary social work activities is provided in the table below.

Activity	Description
Developmental/ Social/ Emotional/ Behavioral Health Screening and ESE Supports	Perform screenings for developmental, social, emotional and behavioral well-being for early identification and primary prevention of challenges, and for timely and responsive assessment or intervention services needed for at-risk students. Assist with screenings for Exceptional Student Education (ESE) and attend staffing meetings for students being considered for the ESE programs.

Activity	Description
Assessment	Perform assessments such as psychosocial/developmental history, adaptive behavior measurements, and classroom observations. Prepare individualized assessments and incorporate parents', students' and teachers' perspectives and performance objectives into final assessments.
Intervention and Counseling Services	Implement interventions aimed at improving students' behavioral health, social-emotional development, and academic achievement. Provide individual, group and family counseling to address targeted problems interfering with students' functioning and well-being. Identify obstacles to success while building on strengths and resiliencies. Offer the opportunity to explore different ways of understanding and perceiving the environment and facilitate effective ways of coping.
Crisis Intervention	Assist schools in creating and maintaining a safe school environment that promotes learning and the development of cognitive, academic, emotional, and social growth among students. Participate in reducing risk for vulnerable students by promoting awareness, responding to crises and assisting schools in reinstating a state of functional safety and security.

Family Engagement

Family engagement improves outcomes for children as well as their families. Research indicates family engagement is critical to a child's successful learning and development. School health staff members can play a unique role in meaningfully engaging families in their child's life, in different ways than other school personnel. By creating a welcoming environment, understanding families' needs, and implementing effective strategies to engage families, school health staff can make a big difference in the lives of families. Applicants are required to propose a strategy that:

- provides needed support and guidance and seeks to engage a broad spectrum of family members and other important people in the child's life;
- ensures all participant families have the opportunity to be actively engaged with the school health program; and
- provides regular, ongoing communication to parents and caregivers about the program and their child's health status.

d. Optional Components

Additional optional components may be incorporated based on the needs of the target population and capabilities of the contracted service providers. Some examples include: behavioral assessment and intervention as follow-up to behavioral health screening and referral; dental sealant application for older youth; tele-medicine services by licensed healthcare providers; etc. These additional components will ideally be integrated with core activities and contribute to the overall goals of this program. In the application, when describing integrated activities, applicants should identify each of the required and optional components being addressed and describe how the activity meets the program quality expectations set forth in this document.